

Recommended Mouth Rinses have an Alkaline pH (>7.00)

Mouth Rinse	pH
Carifree Treatment Rinse (prescription)	10.4
Carifree Maintenance Rinse	8.33
TheraBreath Oral Rinse	8.20
ACT Anticavity Fluoride Mouthwash	7.95
Cepacol Mouthwash	7.79
PerioSciences AO ProRinse	7.75
OraCare	7.55
CB12 Mouthwash	7.20
Oxyfresh Mouthrinse	7.17
Smart Mouth Breath Rinse	7.11
CloSYS Fresh Breath or Silver Rinse	7.10
Biotene Dry Mouth Oral Rinse (<i>Fresh Mint</i>)	7.09
Colgate Optic White Mouthwash	6.95
CloSYS <i>Ultra Sensitive</i> Oral Rinse	6.85
Oasis Moisturizing Mouthwash for Dry Mouth	6.49
Colgate Total Advanced Health Mouthwash	6.31
BreathRx Anti-Bacterial Mouth Rinse	6.21
Colgate FluoriGard Daily Mouth Rinse	6.10
Listerine Zero Alcohol Mouthwash	6.02
Smart Mouth <i>Clinical DDS</i>	6.00
ProFresh Chlorine Dioxide Oral Rinse	5.90
ACT <i>Restoring</i> Anticavity Fluoride Mouthwash	5.56
Scope Classic	5.55
Peridex	5.48
Listerine Total Care Mouthwash	5.44
Crest 3D White Multi-Care Whitening Rinse	5.40
Crest Pro-Health Clinical Rinse	5.18
Chlorohexidine Alcohol-Free	5.10
Fluoridex Daily Renewal Oral Rinse	5.10
Listerine Antiseptic Mouthwash	4.88
BreathRx Anti-bacterial Rinse	4.74
Biotene Dry Mouth <i>Gentle</i> Oral Rinse	4.64
Crest Pro-Health Multi-Protection Mouthwash	4.27
Peroxyl Antiseptic Oral Cleanser	3.90
Tom's of Maine Wicked Fresh! Mouthwash	3.89
The Natural Dentist Healthy Gums Mouth Rinse	3.30



Keep in mind, packaging and formulations change frequently so we recommend double checking the pH.