

INTERIM (TEMPORARY) DENTURE (COMPLETE OR PARTIAL) CARE INSTRUCTIONS

Care Instructions

- You should clean your denture every night with mild dish soap, water, and a dedicated soft-bristled toothbrush or denture brush. Be sure to rinse your denture with cold water afterwards to remove any residual soap.
- Do NOT use toothpaste, mouthwash, alcohol, peroxide, ammonia, or bleach to clean your denture.
- You should soak your denture in a cleaning solution (i.e. **Polident** or **Efferdent**) overnight to help decrease bacteria build up.
 - You can also mix equal parts white vinegar and water to create a natural soaking solution to help dissolve tartar and disinfect.
 - You can also purchase an ultrasonic cleaner to remove stubborn deposits, bacteria and stains.
- The first night is the only night that you will wear your denture while sleeping. This will serve as a band aid to help decrease bleeding and swelling.
- We usually like you to return to our office **24-72 hours** after your extraction appointment to evaluate how you are healing and to make any necessary adjustments to your denture. After that, appointments are made as adjustments are needed.

What to Expect

- The denture may feel bulky or awkward at first as well as cause increased saliva production. On average it can take **2-3 months** for you to adapt to your new denture.
- To help get used to your denture, it is recommended that you practice taking it in and out and speaking with it in front of the mirror.
- Sore spots are common initially. Call or text our office immediately at first sign of a sore spot to avoid the formation of a painful pressure ulcer.
- This is an interim denture and is only meant to be a temporary solution while your extraction site(s) heal.
- In the beginning, your tissue will swell which means the denture will likely need to be adjusted in areas of excess pressure. Then after a couple weeks, the swelling will decrease and the denture may feel loose. At this time, a **tissue conditioner** may be recommended.
 - A tissue conditioner is a temporary liner placed into the denture after the gums have begun to heal and the initial swelling has subsided, typically after **4-6 weeks**.
 - It cannot be used immediately after extractions or if sutures are still present.
 - A tissue conditioner is white in color and is only meant as a temporary solution typically needing to be replaced after **4-6 weeks**.
 - You should NOT brush the tissue conditioner as this can cause it to break off or dislodge. You can still brush the teeth on the denture and then soak it as described above.
 - This appointment typically takes about **30-60 minutes** depending on how many adjustments are needed.
 - Please note there is an additional fee for placing a tissue conditioner.
- Once your soft tissue has healed more and the tissue conditioner has started to wear out, a **soft denture relining** may be recommended.
 - This procedure adds a layer of soft, pliable material to the inside surface of a denture to provide a cushion and better retention.
 - It cannot be used immediately after extractions or if sutures are still present.

- A soft denture reline is pink in color and is typically a short-term solution that can last **3-6 months** or longer depending on how it is cared for.
- You should NOT brush the soft reline material as this can cause it to break off or dislodge. You can still brush the teeth on the denture and then soak it as described above.
- This appointment typically takes about **30-60 minutes** depending on how many adjustments are needed.
- Please note there is an additional fee for placing a soft denture reline.
- Once your extraction site(s) have completely healed, usually around **6 months** there are 2 options:
 - A **hard denture reline** on your interim denture
 - A hard denture reline adds a layer of hard material that matches the existing pink acrylic of your denture to provide a better fit and increased retention. This is typically only performed on complete dentures, NOT partial dentures.
 - It is normal to have to return for adjustments after a hard reline as it is basically getting a new denture.
 - Fabricate a **new final denture**
 - This process usually takes **2-5 appointments** depending on the type of denture that is fabricated and the complexity.

How to Decide

- Oftentimes, making decisions that will have a long-term effect on your oral function and appearance can feel overwhelming, as you want to ensure you are making the right choice. Choosing the right type of partial depends on several factors, such as your oral health, anatomy, aesthetic concerns, personal sensitivities and personal preferences.
- For example, if you have other teeth that you may lose in the future it is important to discuss the long-term prognosis of these teeth. If the prognosis is guarded it is pertinent that you choose a partial denture that can be added to. A flexible partial denture cannot be added to, but an acrylic or cast metal partial can sometimes be added to depending on the situation.
- What teeth are being replaced is also a big part of the decision. Your dentist can help guide you if your situation requires you to get a specific type of partial denture.
- Different materials have their own advantages and considerations, and what may be the best material for one patient may not be the same for another. It is crucial to communicate your preferences to your dentist so they can help make a decision that is right for you!

WARRANTY

We are committed to providing high-quality dental care with lasting results, however, please note that an immediate denture is only supposed to be a short-term solution. To ensure peace of mind, we offer the following limited warranties, provided patients maintain regular dental care and follow recommended guidelines:

Treatment	Warranty
Interim denture or partial	6 months
Tissue conditioner	1 month
Soft reline	3 months
Hard reline	6 months
Final denture or partial denture	5 years

Please note, adjustments will be provided for **6 months** after final delivery of your denture or partial denture. After that there will be an additional fee for any adjustments.

Warranty Eligibility Requirements

To keep your warranty active, you must:

- Maintain routine exams and cleanings twice a year and x-rays at least once per year (or as recommended).
- Follow all oral hygiene and denture care instructions provided by our dental team.
- Wear prescribed night guards, retainers, or other appliances as directed.
- Keep financial accounts with our office in good standing.
- Notify our office promptly of any issues or discomfort related to the treatment.
- Avoid habits that compromise dental work such as smoking, nail biting, chewing ice, or using teeth to open objects.
- Consent to recommended follow-up care, adjustments, or re-evaluations when clinically indicated.

Warranty Exclusions

The warranty does not cover:

- Lost prostheses
- Damage from trauma, accidents, or misuse
- Normal wear and tear beyond expected clinical lifespan
- Decay or infection under restorations due to poor hygiene or missed appointments
- Loss or irreparable damage
- Failure to follow post-treatment instructions
- Refusal of recommended adjunctive care related to treatment (i.e. occlusal guard to protect remaining teeth)
- Denture or partial not fitting due to teeth shifting
- Treatments performed or altered by another provider outside our practice.

If you have any questions or concerns, please don't hesitate to call or text or text our office at **(303) 237-1553**.

We are here to ensure your comfort and care!